

LIFE COACHING SESSION TERMS & CONDITIONS

Powerful Women With A Purpose, LLC | www.powerfulwomenwithapurpose.com

Effective Date: June 7, 2025

1. Introduction

Welcome to Powerful Women With A Purpose, LLC. By booking a life coaching session with us, you agree to abide by the following Terms and Conditions. These terms outline our mutual expectations, responsibilities, and rights in the coaching relationship.

2. Definition of Life Coaching

Life coaching is a partnership (not a legal business partnership) between coach and client in a thought-provoking and creative process that inspires the client to maximize their personal and professional potential.

Coaching is not therapy, counseling, or mental health treatment. It does not substitute for medical, legal, financial, or other professional advice.

3. Confidentiality

All sessions are private and confidential. We will not disclose your identity or information shared in coaching sessions without your written consent, except as required by law (e.g., risk of harm to self/others, court orders, or child abuse).

Confidentiality does not apply when:

- There is evidence of abuse or neglect.
- The client threatens harm to themselves or others.
- Required by legal subpoena.

4. Coaching Sessions

- Session Duration: Sessions are typically 45–60 minutes.
- Frequency: Weekly, bi-weekly, or as mutually agreed.
- Location: Sessions are conducted via Zoom, phone, or in person (where applicable).
- Session Access: You are responsible for showing up on time. Late arrivals may shorten your session time.

5. Fees and Payment

- Rates: Session and package rates are provided before booking.
- Payment Methods: Payments are accepted via debit/credit card, Zelle, or online invoice.

- Payment Terms: Full payment is due before the first session or as outlined in the package agreement.
- Late Payments: Late payments may result in paused sessions.

6. Refund and Cancellation Policy

- Cancellations: Please provide at least 24 hours' notice to cancel or reschedule.
- Late Cancellations/No-Shows: Sessions canceled with less than 24 hours' notice or missed without communication will be forfeited and not refunded.
- Refunds: All coaching sales are final. No refunds will be issued for unused sessions, missed appointments, or dissatisfaction. We encourage open feedback to adjust the coaching process.

7. Rescheduling Sessions

Clients may reschedule a session with at least 24 hours' notice. Sessions must be completed within the designated program or package timeframe unless otherwise arranged.

8. Coach Responsibilities

Your coach will:

- Provide a safe, respectful, and empowering space.
- Support you in identifying goals, overcoming challenges, and creating action plans.
- Maintain confidentiality.
- Offer honest and compassionate feedback.
- Refer out if issues arise beyond the coaching scope.

9. Client Responsibilities

You agree to:

- Attend sessions on time and fully present.
- Be honest and open to feedback.
- Take full responsibility for your decisions, progress, and actions.
- Communicate needs, concerns, or requests during the coaching process.
- Complete assignments or action steps between sessions.

10. Results Disclaimer

We do not guarantee specific results. Your success depends on your effort, commitment, and follow-through. Coaching is a collaborative process; results vary from person to person.

11. Termination Policy

Coaching may be terminated:

- By the client at any time, with written notice (no refund will be issued).
- By the coach if the coaching relationship is no longer productive, ethical, or aligned.
- If payment obligations are unmet.

12. Communication Between Sessions

Email or text support is available for brief check-ins or clarification. Extensive coaching or consultations outside scheduled sessions may incur additional fees.

13. Use of Materials

All coaching materials, resources, or worksheets provided are the intellectual property of Powerful Women With A Purpose, LLC and are for personal use only. Do not reproduce, share, or distribute without permission.

14. Technology and Internet Use

We are not responsible for internet disruptions, platform malfunctions, or technical difficulties. Please test your devices and internet ahead of sessions. We will work with you to reschedule if issues arise beyond your control.

15. Health Disclaimer

You affirm that you are mentally, physically, and emotionally capable of participating in coaching. You understand that coaching is not a substitute for medical or psychological treatment.

If you are under the care of a mental health professional, it is your responsibility to consult with them before engaging in coaching.

16. Legal Agreements

- Governing Law: These terms are governed by the laws of the state of Georgia.
- Entire Agreement: This document constitutes the full agreement between coach and client. Any modifications must be made in writing.
- Liability Waiver: You agree to release Powerful Women With A Purpose, LLC and its representatives from any liability related to your coaching experience.

17. Media and Testimonials

With your written consent, your testimonial, feedback, or success story may be used for promotional purposes. No personal details will be shared without permission.

18. Acceptance of Terms

By purchasing or attending any coaching session, you acknowledge that you have read, understood, and agree to abide by these Terms and Conditions.

Contact Information

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